

### SIGNATURE BOX

*Balanced nutrition and variety with enough food to feed a family of four for a week.*

- 2 lb. New York Strip Steaks (4 x 8 oz.)
- 1.5 lb. Boneless Pork Roast
- 1 lb. Chicken Breast Fajita Strips
- 1 lb. Lean Ground Beef
- 1.5 lb. All White Meat Chicken Tenders
- 1 lb. Bake or Fry Fish Sticks (32 count)
- 1 lb. Hickory Smoked Center Cut Ham
- 1 lb. Frozen Baby Lima Beans
- 1 lb. Frozen Green Beans
- 2 lb. French Fries
- 2 lb. bag Fresh Apples
- 10 ct. Flour Tortillas
- 32 oz. 2% Shelf Stable Milk
- Dozen Eggs
- Dessert

\*Steaks in a box of Angel Food are now thicker than ever before. Though there may be fewer steaks in a box, it's the same amount of meat with improved quality and tenderness.

**\$30.00**

### SENIOR & CONVENIENCE MEALS

#### *For Seniors or People on the Go!*

*Ten perfectly seasoned, nutritionally balanced, fully cooked meals—just heat and serve. Each meal has been developed with the dietary needs of senior citizens in mind, and contains 3 oz. of protein, a starch & two vegetables or fruit.*

**Roasted Chicken** with red skin potatoes, sugar snap peas & carrots

**Swedish Meatballs** with pasta, broccoli carrots & red peppers

**Meatloaf & Gravy** with mashed potatoes, peas, carrots, cauliflower

**Sliced Turkey & Dressing** with gravy, corn and green bean/cranberry blend

**Chicken & Broccoli Alfredo** with carrots, zucchini/red peppers

**Chili with Beef & Beans**, corn/red peppers and peas

**Boneless Pork Patty** with roasted sweet potatoes, sugar snap peas and broccoli/cauliflower blend

**Chicken Parmesan and Pasta** with Brussels sprouts and zucchini

**Macaroni & Beef** with noodles, carrots zucchini/red peppers

**Chicken & Noodles** with corn, Brussels sprouts

**Dessert:** Assorted Cookies, Pineapple Fruit Cup, Strawberry Applesauce, Mixed Fruit Cup, Apple Juice, Cranberry Juice

**\$28.00**

### 5 LB. ALLERGEN-FREE FOOD BOX

*Processed to eliminate the eight top serious allergens: Peanuts, Soybeans, Milk, Eggs, Fish, Crustacea, Tree Nuts and Gluten (wheat, rye and barley). Great for children and adults!*

- 1 lb. Breaded Chicken Breast Chunks
- 1 lb. Breaded Formed Tenders
- 2 lbs. Breaded Chicken Drumsticks
- 1 lb. Breaded Cube Steak

*Battered/Breaded with water, white rice, brown rice, modified tapioca starch, flax seed, sugar, salt, spices, dehydrated garlic, spice extractives and oleoresin paprika. Breading is pre-browned in Canola oil.*



**\$23.00**

\*\*\*Specials may now be purchased with or without the purchase of any of the Standard Boxes listed above\*\*\*\*

#### **DECEMBER SPECIAL #1**

**\$22.00**

##### **6 lb. Assorted Meat Grill Box**

- 1.5 lb. T-Bone Steaks (2 x 12 oz.)
- 1.5 lb. Bacon-Wrapped Hamburger Steaks (4 x 6 oz.)
- 2 lb. Pork Chops (4 x 8 oz.)
- 1 lb. Mild Italian Sausage with Cheese

#### **DECEMBER SPECIAL #2**

**\$21.00**

##### **4.5 lb. Steak Combo**

- 2.5 lb. Ribeye Steaks (4 x 10 oz.)
- 2 lb. Sirloin Strip Steaks (4 x 8 oz.)

#### **DECEMBER SPECIAL #3**

**\$20.00**

##### **10 lb. IQF Unbreaded Poultry Box**

- 3 lbs. Split IQF Tyson Cornish Hens
- 2.5 lb. IQF Split Chicken Breast
- 2.5 lb. IQF Chicken Thigh Quarters
- 2 lb. IQF Chicken Tenders (Unbreaded)

#### **DECEMBER SPECIAL #4**

**\$18.00**

##### **Holiday Meat and Cheese Special**

- 3 9 oz. Sausage Variety (1 beef summer sausage, 1 beef salami, 1 summer sausage)
- 3 7 oz. Wisconsin Cheese Bars (1 Cheddar, 1 Swiss and 1 Smokey)

#### **DECEMBER SPECIAL #5**

**\$22.00**

##### **Premium Fresh Fruit and Veggie Box**

- 3 lb. New Crop North Carolina Sweet Potatoes
- 4 Large Russet Baking Potatoes
- 3 lb. bag Large-Medium Yellow Onions
- 1 head Fresh Green Cabbage
- 1 lb. Fresh Cello-Packed Carrots
- 1 stalk Fresh Cello-Packed Celery
- 4 California Lemons
- 6 Large Tree-Ripened Oranges
- 4 Large Premium Grapefruit
- 1 Large Tree-Ripened Mango
- 1 Large Premium Haas Avocado
- 1 lb. California Kiwi Fruit

#### **DECEMBER SPECIAL #6**

**\$26.00**

##### **Assorted Holiday Fruit Special**

- 5 Ruby Red Grapefruit
- 12 Tree-Ripened Navel Oranges
- 5 Tree-Ripened Tangerines
- 5 Extra Fancy Red Rome Apples
- 4 Extra Fancy Golden Delicious Apples
- 4 Extra Fancy Red Delicious Apples
- 4 Extra Fancy Granny Smith Apples
- 4 Extra Fancy Gala Apples
- 4 Extra Fancy Red Anjou Pears
- 6 Sun Kist Fruit Gem Candies

Orders Due: **December 9, 2009**  
Distribution Day: **December 19, 2009 8A-10A**  
[www.njc-ms.org](http://www.njc-ms.org)  
New Jerusalem Church  
5708 Old Canton Road, Jackson, MS 39211